

1ST LEVEL KNIFE TEST

BASICS: _____
DRILLS: _____

SETS:
DEXTERITY1: _____
TWO MAN KNIFE: _____
UNIVERSAL: _____ S
SINGLE HEART: _____
DOUBLE HEART: _____
DRILLS:
FOUR CORNERS _____
PICK AND ROLL _____
THRUST AND RETURN _____
PALMING _____
PARTNER TIMING FOOTWORK _____
TWO MAN SINGLE HEART _____
TECHNIQUES:
PROTECTING LANCE(RS1 or h1) _____
SHELTERING LANCE(RS2,h2,S4,h4) _____
DARTING LANCE(T9,S3) _____
WHIPPING LANCE(T9,S3) _____
WHIPPING BLADE _____
RETURNIN GLANCE(S12) _____
INTERCEPTING THE LANCE(T9,S3) _____
SWIRLING LANCE(T9,S3) _____
HOOKING LANCE(Low T9,S3) _____
TRAPPING LANCE(High T9) _____
COMMENTS _____

1ST LEVEL KNIFE

VERSION 1.0 05-01-00



NAME: _____
DATE: _____

BASICS

TECHNIQUES

GRIPS

METHODS OF EXECUTION

Short held

T = THRUSTING

Ho = HOOKING

Long held

S = SLASHING

Ch = CHOPPING

H = HAMMERING

R = REAMING

STANCE

W = WHIPPING

F = FILETING

Modified

L = LIFTING

SETS

Dexterity Set 1 mechnaical _____ execution _____

Two Man Knife Set mechanical _____ execution _____

Universal Set mechnaical _____ execution _____

Single Heart Set mechanical _____ execution _____

Double Heart Se: mechnaical _____ execution _____

DRILLS

Four Corners mechanical _____ execution _____

Pick and Roll mechanical _____ execution _____

Thrust and Return mechanical _____ execution _____

Palming mechnaical _____ execution _____

Timing/Footwor: mechanical _____ execution _____

2 Man Single Heart mechanical _____ execution _____

ANGLES OF EXECUTION

- | | |
|------------------------------|----------------------------|
| 1. Inward downward diagonal | 5. Inward upward diagonal |
| 2. Outward downward diagonal | 6. Outward upward diagonal |
| 3. Inward horizontal | 7. Vertical downward |
| 4. Outward horizontal | 8. Vertical upward |
| 9. Straight forward | |

PROTECTING LANCE(RS1 or h1)

SHELTERING LANCE(RS2,h2,S4,h4)

DARTING LANCE(T9,S3)

WHIPPING LANCE(T9,S3)

WHIPPING BLADE

RETURNING LANCE(S12)

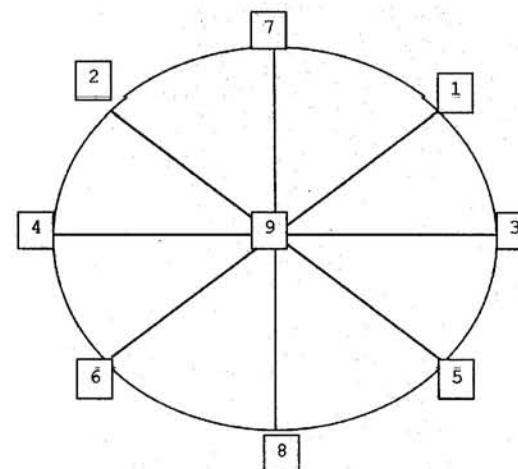
INTERCEPTING THE LANCE(T9,S3)

SWIRLING LANCE(T9,S3)

HOOKING LANCE(Low T9,S3)

TRAPPING LANCE(High T9)

A.K.K.I. UNIVERSAL WEAPONS SYSTEM



The AKKI Universal Weapon System is comprised of two components. First, the **LETTERS** designate the *Method of Execution*, T=thrusting, S=slashing, etc... Second, **NUMBERS** designate the *Angle of Execution*, 1 = inward downward diagonal, 4 = inward horizontal. etc... Together, the letters and numbers tell you specifically the direction and manner your weapon (knife, club) should be moving.